

Weekly Menu at a Glance

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage	Choice of Beverage
Bakery Muffin, Oatmeal, Scrambled Eggs, Toast Margarine	Special K, French Toast, Syrup and Bacon	Cream of Wheat, Hash Brown, Ketchup, Scrambled Eggs, Toast w/Margarine	Donut Holes, Cornflakes, Cheese Omelet, Toast w/Margarine	Oatmeal, Pancakes w/Syrup and Margarine, Sausage Links	Cheerios, Fried Egg, Breakfast Ham and English Muffin	Cream of Rice, Waffles w/Syrup and Margarine, Bacon
Roast Turkey Mashed Potatoes Dressing /Gravy Carrots Dinner Roll Lemon Marianne Pie Choice: Pork Patty Mashed Potatoes Dressing /Gravy Carrots Dinner Roll Lemon Meringue Pie	Vegetable Quiche Beets Lettuce and Tomato w/ Dressing Bread & Margarine Fruit Cocktail Choice Beef BBQ Beets Lettuce and Tomato w/ Dressing Bread & Margarine Fruit Cocktail	Oven Fried Chicken Corn on the Cob Bread & Margarine Potato Salad Oatmeal Raisin Cookie Choice Veal Patty Corn on the Cob Bread & Margarine Potato Salad Oatmeal Raisin Cookie	Spaghetti & Meatballs Green Beans Toss salad / Italian Dressing Floating Island Pudding Choice Grilled Cheese Sandwich Green Beans Toss salad / Italian Dressing Floating Island Pudding	Hamburger Biscuit Bake Potatoes Zucchini /Margarine Orange Frosted Cupcake Choice Boneless Pork chop Potatoes Zucchini Orange Frosted Cupcake	Saucy Baked Fish Home Fries/ Ketchup Coleslaw Wheat Bread Strawberries Choice Mac and cheese Home Fries/ Ketchup Coleslaw Wheat Bread Strawberries	Ham Loaf/ Sauce Mashed Potatoes Lima Beans Rye Bread Margarine Apricots Choice Chicken Patty Mashed Potatoes Lima Beans Rye Bread Margarine Apricots
Ham& Rice Casserole Broccoli Bread Mandarin Oranges Choice: Hamburger Sandwich Broccoli Mandarin Oranges	Cottage cheese fruit Plate Tomato Juice Dinner Roll/ w/ Marg Iced Angel Food cake Choice: Chicken Breast Sandwich Tomato Juice	Ham & Cheese Sandwich Potato Rounds Creamy Fruit Desert Choice: Chicken Salad Sandwich Potato Rounds Creamy Fruit Desert	Minestrone Soup Tuna & Macaroni Salad Plate Dinner Roll/ Pears Choice: Roast Beef Salad plate Minestrone Soup Dinner Roll/ w/ Pears	French onion Soup Crackers Turkey Salad on a roll Cape Cod Salad Half Moon cookie Choice: Cold Cut Sandwich French onion Soup Cape Cod Salad Half Moon cookie	Apple Juice Cheese Pizza Shredded lettuce Dressing Vanilla ice cream Choice: Tuna Melt Sandwich Shredded lettuce Dressing Vanilla ice cream	Finger Sandwich plate Pickled Beets Salad Chocolate brownies Choice: Veal Patty Mashed Potatoes Pickled Beets Salad Chocolate brownies



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Choice of Beverage Bakery Muffin, Oatmeal, Scrambled Eggs, Toast/Margarine	Choice of Beverage Special K, French Toast, Syrup and Bacon	Choice of Beverage Cream of Wheat, Hash Brown, Ketchup, Scrambled Eggs, Toast /Margarine	Choice of Beverage Donut Holes, Cornflakes, Cheese Omelet, Toast/Margarine	Choice of Beverage Oatmeal, Pancakes w/Syrup and Margarine, Sausage Links	Choice of Beverage Cheerios, Fried Egg, Breakfast Ham and English Muffin	Choice of Beverage Cream of Rice, Waffles w/Syrup and Margarine, Bacon
Roast Beef w/ Gravy Mashed Potatoes Mixed Vegetables Dinner Rolls Cherry Pie Choice: Pork Patty Mashed Potatoes Mixed Vegetables Dinner Rolls Cherry Pie	Stuffed Shells & Sauce Spinach w/ Vinegar Dinner Roll Lemon Fluff Choice: Fish Patty Mashed Potatoes Spinach w/ Vinegar Dinner Roll Lemon Fluff	Meat Loaf /Gravy Au Gratin Potatoes Green Beans Rye Bread Chocolate cake Choice: Sliced Turkey Au Gratin Potatoes Green Beans Rye Bread Chocolate cake	Hot dog/roll Sauerkraut Baked beans Dill Pickle Melon Choice: Chicken Patty Baked beans Dill Pickle Melon	Beef Stroganoff w/ Noodles Carrot Dinner Roll Mandarin Orange Choice: Cottage cheese fruit plate & Soup Dinner Roll Mandarin Orange	Macaroni & Cheese Stewed Tomatoes Rye Bread Jell-O Cake Choice: Tuna Salad Plate Stewed Tomatoes Rye Bread Jell-O Cake	Pork BBQ /Roll Potato Salad Green Beans Crushed Pineapple Choice: Hamburger Sandwich Potato Salad Green Beans Crushed Pineapple
Cream of Broccoli Soup Ham salad on Wheat Peaches Choice: Cream of Broccoli Soup Hamburger Sandwich Peaches	Roast pork /Gravy Baked Potato Sour Cream Corn/ Margarine Watermelon Choice: Chicken Patty Baked Potato Sour Cream Corn/ Margarine Watermelon	Chicken Noodle Soup Cold cut/cheese plate Macaroni Salad Strawberries Choice: Cottage cheese fruit plate Macaroni Salad Strawberries	Baked Fish/Tarter sauce Potato Rounds Broccoli Pound cake/Cherry topping Choice: Veal Patty Potato Rounds Broccoli Pound cake/Cherry topping	Vegetable Beef Soup/ Crackers Chicken Salad Sandwich Pickled beets Rice Pudding Choice: Cheese burger Vegetable Beef Soup Pickled beets Rice Pudding	Tuna Loaf/Sauce Oven browned Potatoes Wax Beans Fruit cocktail Choice: Pepper Steak Oven browned Potatoes Wax Beans Bread /Margarine Fruit cocktail	Creamed Beef/Toast Peas& Carrots Raspberry Sherbert Choice: Slice Beef Mashed potatoes Peas& Carrots Raspberry Sherbert



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Baked Ham Mashed Potatoes Mixed Vegetables Dinner Roll Peach Pie Choice: Baked Chicken Mashed Potatoes Mixed Vegetables Dinner Roll Peach Pie	Lasagna Zucchini Tossed Salad/Italian Dressing Cookie Choice: Cube Steak Mashed Potatoes Tossed Salad/Italian dressing Cookie	Cranberry cocktail Creamed Chicken/toast Capri Vegetable Cherry cobbler Choice: Baked ham Mashed potatoes Capri Vegetable Cherry cobbler	Boneless Pork Chop & Cabbage Diced Potatoes/Carrots Dinner Roll Chocolate Brownie Choice: Meatloaf Diced Potatoes/Carrots Dinner Roll Chocolate brownie	Cheeseburger/ bun Mustard/ketchup Lettuce/Tomato French Fries Beets Chocolate Ice Cream Choice: Chicken Patty/bun Lettuce/Tomato French Fries Beets Chocolate Ice Cream	Fried Fish / Lemon Mashed Potato Coleslaw Pistachio Pudding Choice: Grilled cheese Mashed Potato Coleslaw Pistachio Pudding	Rotini/Meat Sauce Italian Green Beans Italian Bread Peaches Choice: Veal Patty Mashed Potatoes Italian Green Beans Italian Bread Peaches
Homemade Veg. Beef Soup Crackers Cottage Cheese Fruit Plate Banana Bread Choice: Roast Beef Sandwich Homemade Veg. Beef Soup Banana Bread	Ham & Bean Soup Crackers Mini Hoagie Mayonnaise Slice tomato on lettuce Strawberries Choice: Tuna Hoagie Ham & Bean Soup Slice tomato on lettuce Strawberries	Creole Baked Fish Parslied Potatoes Green Beans Orange Jell-O Cubes Choice: Salisbury Steak Parlised Potatoes Green beans Orange Jell-o Cubes	Minestrone Soup Crackers Sliced Turkey on Wheat Mayonnaise Orange Slice on lettuce Pumpkin Pie Choice: Cream Cheese & Jelly sandwich Minestrone Soup Orange Sline on lettuce	Ham/Scalloped Potatoes Peas Bread/Margarine Melon Choice: Pepper Steak Peas Bread/Margarine Melon	Cream of Tomato Macaroni & Cheese Japanese Blend Vegetable/ Rye Bread Fruited jell-o Choice: Liver and onions Japanese Blend Vegetable / Rye Bread Rye Bread Fruited jell-o	Breaded Chicken Breast/ Gravy Mashed Potatoes/Gravy Pickled Beets Wheat Bread Applesauce Choice: Meatloaf Mashed Potatoes/Gravy Pickled Beets Wheat Bread Applesauce



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Juice Oatmeal or Raisin Bran Western Scramble Eggs Toast Milk	Juice Cream of Rice or Rice Krispies Hashbrown Casserole Toast Yogurt Milk	Juice Oatmeal or Cheerios Waffles Bacon Milk	Juice Cream of Wheat or Cornflakes Cheese Omelet Toast Milk	Juice Oatmeal or Shredded Wheat Pancakes Sausage Milk	Juice Cream of Rice or Raisin Bran Fried Eggs Homefries Toast Milk	Juice Cream of Wheat or Rice Krispies French Toast/syrup Bacon Milk
Sliced Turkey Dressing Whip Pot w/gravy Mixed Vegetables Pumpkin Pie Alt: Meatloaf Whip Pot w/gravy Squash	Boiled Dinner Ham/Cabbage Potatoes/Carrots Lemon Pudding Alt: Dressed Egg Salad Sand w/pickle Peas & onions	Chicken Pot Pie over biscuit Beets Fruited Jello Alt: Hot dog & Cream Corn	Cheese Ravioli with meatsauce Italian Bread Toss Salad Tropical Orange Dessert Alt: Tuna Salad Sandwich & Peas	BBQ Porkchops Buttered Egg Noodles Spinach Peach Whip Alt: Dressed Chicken Patty on Roll Minestrone Soup	Macaroni & Cheese Stewed Tomatoes Cheesecake w/blueberry topping Alt: Baked Fish, Baked Potato, Broccoli	Turkey Meatloaf Sweet Potatoes Mixed Beans Pumpkin Mousse Alt: Grilled Ham & Cheese Sandwich and Tomato Soup
Spanish Rice Green Beans Fruit Cocktail Alt: Cheese Quiche & Broccoli	Tomato Soup w/crackers Grilled Cheese Mandarin Oranges Alt: Pork BBQ Ribs, Fried Potatoes, Mixed Beans	Beef Tater Tot Casserole Squash Apple Crisp Alt: Liver & Onions, Baked Potatoes, Brussel Sprouts	Beef Noodle Soup Egg Salad Sandwich Ice Cream Alt: Cr. chipped beef over toast and California veg	Shepherds Pie Cauliflower Brownie Alt: Beef BBQ on Roll, Toss Salad	Cream of Vegetable Soup Chicken Salad Sandwich Diced Pears Alt: Hamburger on Roll, and Wax Beans	Goulash Dinner Roll Orange Glazed Carrots Fruit Salad Alt: Hot Rost Beef Sandwich, Spinach



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