




ACTIVITIES CALENDAR

July 2023

Bradford Hills

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|--|--|
| | | | | | | |
| <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/Victory church/Hymns 12:00 Helping hands/ Trivia 2:00-Who AM I ? AC 3:00 Coffee connection/ Sunday news 4:00- Balloon fun 5:30-6:00 Calm me time</p> | <p>9:15 Morning VISIT 10:00 Destination Stations/ Ball toss 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Names that begin with J 4:15-5:00 Trivia 5:00-6:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Hot Potato 12:00 Helping hands/ Trivia 2:00 God Bless AMERICA 3:00 Coffee connection /chronicle 3:45- Junk drawer BBQ 4:15-5:00 Calm me time 7:00 Visual relaxation/ Independence Day (US)</p> | <p>9:15 Morning Make over/ Exercise 10:00 bean bag fun 12:00 Helping hands/ Trivia 2:00 Victory Church service 3:00 Coffee connection/chronicle 4:15-5:00 Trivia 5:00-6:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Chair drumming 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Brand Names 4:15-5:00 Brain games / Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Church w/Adam 12:00 Helping hands/ Trivia 2:00 PHILA part 1 ac 3:00 Coffee connection/chronicle 3:45 PHILA part 2 ac 4:15-5:00 Trivia/ Calm me time 5:00-6:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 -12:00 Destination Stations Balloon fun 12:15-12:30 Helping hands/ Trivia 2:00 ez Short story rest stop AC 3:00 picnic food And July 4th activity triva 4:15 Calm down time 7:00 Visual relaxation/.</p> |
| <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/Victory church/Hymns 12:00 Helping hands/ Trivia 2:00- Remembering Family Sundays AC 3:00 Coffee connection/ Sunday news 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 destination stations Tether ball fun 12:00 Helping hands/ Trivia 2:00Teddy Bear Day A.C.S.D 3:00 Coffee connection/chronicle 3:45 Manicure and music 4:15-5:00 Trivia 5:00-6:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Hot Potato 12:00 Helping hands/ Trivia 2:00 Bingo 3:00- Coffee connection/chronicle 3:45 Go fish Trivia 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 bean bag fun 12:00 Helping hands/ Trivia 2:00 Victory church APP 3:00 Coffee connection/chronicle 3:45 Birds Trivia 4:15-5:00 Trivia 5:00-6:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Chair drumming 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Word Game 4:15-5:00 Brain games / Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Church w/Adam 12:00 Helping hands/ Trivia 2:00 Picnic Month 3:00 Coffee connection/chronicle 3:45 use your imagination 4:15-5:00 Trivia/ Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 -12:00 Destination Stations Balloon fun 12:15-12:30 Helping hands/ Trivia 2:00 Cave Day AC SP 3:00 Coffee connection/chronicle 4:15 -5:00 TRIVIA / Calm me time</p> |
| <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/Victory church/Hymns 12:00 Helping hands/ Trivia 2:00 Creative Hour 3:00 Coffee connection/ Sunday news 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Tether ball fun 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Trivia 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Hot Potato 12:00 Helping hands/ Trivia 2:00 Bingo 3:00- Coffee connection/chronicle 3:45-One Two Three Four 4:15-5:00 Calm me time 7:00 Visual relaxation /</p> | <p>9:15 Morning Make over/ Exercise 10:00 bean bag fun 12:00 Helping hands/ Trivia 2:00 Victory Church App 3:00 Coffee connection/chronicle 3:45 4:15 Trivia 5:00-6:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Chair drumming 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Brain games 4:15-5:00 Brain games / Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Church w/Adam 12:00 Helping hands/ Trivia 2:00 Can you picture this AC 3:00 Coffee connection/chronicle 3:45 4:15-5:00 Trivia/ Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 -12:00 Destination Stations Balloon fun 12:15-12:30 Helping hands/ Trivia 2:00 EASE Music trivia 3:00 Coffee connection/chronicle 4:15-5:00 music /calming hour 7:00 Visual relaxation/</p> |
| <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/Victory church/Hymns 12:00 Helping hands/ Trivia 2:00 Creative time 3:00 Coffee connection/ Sunday news 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Tether ball fun 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Manicure and music 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Hot Potato 12:00 Helping hands/ Trivia 2:00 Merry go round day ACSP 3:00- Coffee connection/chronicle 3:45- YOU TUBE Merry go round 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 bean bag fun 12:00 Helping hands/ Trivia 2:00 Victory Church App 3:00 Coffee connection/chronicle 3:45 National All or nothing day 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Chair drumming 12:00 Helping hands/ Trivia 2:00 Duke of earl 3:00 Coffee connection/chronicle 3:45 Trivia 4:15-5:00 Brain games/ Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations Church w/Adam 12:00 Helping hands/ Trivia 2:00 National choc chip day ACSD 3:00 Coffee connection/chronicle 3:45 Brain games 4:15-5:00 Trivia/ Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 -12:00 Destination Stations Balloon fun 12:15-12:30 Helping hands/ Trivia 2:00 3:00 Coffee connection/chronicle 4:15 7:00 Visual relaxation/</p> |
| <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/Victory church/Hymns 12:00 Helping hands/ Trivia 2:00 Creative time 3:00 Coffee connection/ Sunday news 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | <p>9:15 Morning Make over/ Exercise 10:00 Destination Stations/ Tether ball fun 12:00 Helping hands/ Trivia 2:00 Bingo 3:00 Coffee connection/chronicle 3:45 Manicure and music 4:15-5:00 Calm me time 7:00 Visual relaxation</p> | | | | | |

ACTIVITIES CALENDAR

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|--|--|---|---|
|  <h2 style="color: red;">July</h2> <h2 style="color: blue;">2023</h2> <p>Bradford Hills Nursing and Rehabilitation.</p> | | | | | | <p>8:20 Rise and Shine 1 10:15 Exercise with a twist 1:00 Afternoon Hello's 2:00 Hour of cheer (RT).</p> <p style="text-align: center;"><small>Canada Day</small></p> |
| <p>8:20 Rise and Shine 2 10:15 Hymnal Music/Handouts 1:00 Afternoon Hello's 2:00 Front porch visits</p> | <p>8:20 Rise and Shine 3 10:15 Sensory group 1:00 Afternoon Hello 2:00 What I am ?</p> | <p>8:20 Rise and Shine 4 10:15 fourth of July trivia and facts on units 1:00 Afternoon Hello's 2:00 Happy July fourth music and treats on the units</p> <p style="text-align: center;"><small>Independence Day (US)</small></p> | <p>8:20 Rise and Shine 5 10:15 Kitchen band (RT) 1:00 Afternoon Hello's 2:00 Bingo</p> | <p>8:20 Rise and Shine 6 10:15 Coffee club 1:00 Afternoon hellos 2:00 Bingo 4:00/5:00 visits and handouts</p> | <p>8:20 Rise and Shine 7 10:15 Wyalusing Methodist Church 1:00 Afternoon Hello's 2:00 Fresh air Friday (Pavillion w.p)</p> | <p>8:20 Rise and Shine 8 10:15 Exercise with a twist 1:00 Afternoon Hello's 2:00 Hour of cheer (RT)</p> |
| <p>8:20 Rise and Shine 9 10:15 Hymnal Music/Handouts 1:00 Afternoon Hello's 2:00 Front Porch visits</p> | <p>8:20 Rise and Shine 10 10:15 Sensory group 1:00 Afternoon Hello 2:00 Bentley creek Wesleyan church(RT)</p> | <p>8:20 Rise and Shine 11 10:15 chair drumming 2:00 Bingo 4:15/5:00 I Pad games</p> | <p>8:20 Rise and Shine 12 10:15 Bible study with Tom 1:00 Afternoon Hello's 2:00 pat comes</p> | <p>8:20 Rise and Shine 13 10:30 Coffee club (RT) 1:00 Afternoon hellos 2:00 Bingo 4:00/5:00 visits and handouts <u>Shore sister trip tentative</u></p> | <p>8:20 Rise and Shine 14 10:15 Wyalusing Methodist Church 1:00 Afternoon Hello's 2:00 Staff and resident interaction brownie sundae</p> | <p>8:20 Rise and Shine 15 10:15 Exercise with a twist 1:00 Afternoon Hello's 2:00 Hour of cheer (RT)</p> |
| <p>8:20 Rise and Shine 16 10:15 Hymnal Music/ hand outs 1:00 Afternoon Hello's 2:00 Front Porch visits</p> | <p>8:20 Rise and Shine 17 Visit 10:15 Sensory group (UNITS) 1:00 Afternoon Hello 2:00 Who am I Travel to KEYWEST A.C</p> | <p>8:20 Rise and Shine 18 Visits 10:15 1:00 Afternoon Hello's 2:00 Bingo 4:15/5:00 ipad games Picnic at round top</p> | <p>8:20 Rise and Shine 19 Visits 10:15 Kitchen band (RT) 1:00 Afternoon Hello's 2:00 Dirty Bingo</p> | <p>8:20 Rise and Shine 20 10:00 Resident council 10:30 Coffee club (RT) 1:00 Afternoon Hello's 2:00 4:15/5:00 visits hand outs WALMART tentative</p> | <p>8:20 Rise and Shine 21 Visits 10:15 Wyalusing Methodist Church (RT) 1:00 Afternoon Hello's 2:00 Fresh air Friday (Pavillion w.p)</p> | <p>8:20 Rise and Shine 22 Visits 10:15 Exercise w/ a twist 1:00 Afternoon Hello's 2:00 Hour of cheer (RT)</p> |
| <p>8:20 Rise and Shine 23 10:15 Hymnal Music/hand outs 1:00 Afternoon Hello's 2:00 Sunday Porch sitting (W.P)</p> | <p>8:20 Rise and Shine 24 Visit 10:15 Sensory group (UNITS) 1:00 Afternoon Hello 2:00 Duke of Earl</p> | <p>8:20 Rise and Shine 25 Visits 10:15 Chair drumming 1:00 Afternoon Hello's 2:00 Bingo 4:15/5:00 ipad games</p> | <p>8:20 Rise and Shine 26 Visits 10:15 Kitchen band (RT) 1:00 Afternoon Hello's 2:00 VISITS Troy fair tentative</p> | <p>8:20 Rise and Shine 27 10:30 Coffee club (RT) 1:00 Afternoon Hello's 2:00 Visits Troy fair tentative</p> | <p>8:20 Rise and Shine 28 Visits 10:15 Wyalusing Methodist Church(RT) 1:00 Afternoon Hello's 2:00 Fresh air Friday (Pavillion w.p) Troy fair tentative</p> | <p>8:20 Rise and Shine 29 Visits 10:15 Exercise w/ a twist 1:00 Afternoon Hello's 2:00 Hour of cheer (RT)</p> |
| <p>8:20 Rise and Shine 30 10:15 Hymnal Music/hand outs 1:00 Afternoon Hello's 2:00 Sunday Porch sitting (W.P)</p> | <p>8:20 Rise and Shine 31 Visit 10:15 Sensory group (UNITS) 1:00 Afternoon Hello 2:00 Bingo</p> | | | | | |